

Paddle Against Plastic Race Release

WAIVER AND RELEASE OF LIABILITY

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Please read carefully before signing. This is a Release of Liability and Waiver of certain legal rights.

I agree and understand that participating in this Event can be a hazardous activity. Further, I recognize that there are risks, including, but not limited to changing weather conditions, changing water conditions, hidden and underwater obstacles, changing and unpredictable currents, drowning, and exposure. I recognize that injuries are a common and ordinary occurrence of the Event. I hereby agree to freely and expressly and voluntarily assume and accept any and all risks of injury or death while participating in the Event. Nonetheless, I voluntarily elect to participate in the aforementioned Event.

I hereby assume all risks which may be associated with and/or result from my involvement in such Event and hereby hold harmless, release, indemnify and defend and covenant not to sue Paul Wilson individually and d/b/a Nantasket Therapeutic Massage; their respective officers, directors, agents, servants, volunteers and employees of and from any liability, claims, demands, actions, and causes of action whatsoever arising out of or related to any loss, damage or injury, including death, that may be sustained by me while participating in the Event, including, but not limited to, those injuries and damages caused in whole or in part by the negligence and/or breach of warranty, express or implied.

I understand that event leaders are not trained in extensive emergency medical procedures and that in the event of a serious medical emergency, treatment may be several hours away. I authorize the Event Coordinators and/or its authorized personnel to call for medical care for me, if, in the opinion of such personnel, medical attention is needed for me. Further, I agree to pay all costs associated with such medical care and shall indemnify and hold harmless Event Coordinators of and from any costs incurred therein.

I represent that I am aware of the risks associated with participation in this event and that I am physically fit to participate in this activity.

This Release shall be binding upon my assignees, heirs, next-of-kin, executors, personal representatives and administrators.

Listed below is the name, address and telephone number of the person to call in case of emergency.

IN CASE OF EMERGENCY PLEASE NOTIFY:

_____ **PHONE NUMBER:** _____
(please print)

*Emergency Contact: (Circle) IS IS NOT present at today's event.

CAUTION: PLEASE READ CAREFULLY BEFORE SIGNING. THIS IS A RELEASE OF LIABILITY AND WAIVER OF CERTAIN LEGAL RIGHTS. PLEASE CONSULT AN ATTORNEY BEFORE SIGNING IF YOU HAVE ANY QUESTIONS.

I hereby certify that I have carefully read the foregoing liability Release, understand its contents and sign with full knowledge of its significance. I agree that no oral statements, representations or inducements have been made.

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(please print name)

Signature

Today's Date

Parent/Guardian:

I verify that I am the parent or guardian of the minor named below. I have the authority to enter into this agreement on behalf of the minor. I agree to be bound by its terms. I accept full responsibility for all medical expenses incurred as a result of the minor's participation in the Event. I agree to indemnify and hold harmless from any claim brought by, or in behalf of, the minor.

I represent that I am, or in the case of the minor for whom I am signing as parent or guardian, physically fit to participate in this Activity.

Name of Minor (please print)

Name of Parent (please print)

Signature of Minor

Signature of Parent or Guardian

Today's Date