



2009 Paddle Against Plastic Race

August 2nd 2009

(storm date August 9th)

Registration Form

All proceeds will be donated
to the Weir River Estuary
Center in Hull

Registration information and Instructions

- Fill out this form completely; print clearly.
- Read and sign back side (Liability Waiver)
- Space is limited – 5 person minimum per race. Refund available if your race is cancelled or full. Registration is “First come- First Served”. You may enter on the day of the event.
- Complete this form and mail it with your check made out to WRWA (Weir River Water Association) to the address below. Please use memo field in check for “Paddle Against Plastic” or “PAP”
- Race times listed are approximate; please check the schedule the day of event for your start times.
- **Participant Registration/Check-in 7am-7:30am. You MUST check in the morning of the event at the tent by the Cook Comfort Station.**

You may print out forms at www.NTMassage.com/events.html

Registration Form

Print Last Name	First Name	DOB	
Address	City	State	Zip
Telephone	Email		

please check each box for the race(s) you are entering

- 7:45 am – Race 1: One Mile Stand-Up Paddle Board Race
- 8:30am – Race 2: Lifeguard Paddle Race (lifeguards only)
- 9:15am – Race 3: Half Mile Prone Surfboard Paddle Race
- 9:45am – Race 4: Two Mile Relay Stand-Up Paddle Board Race
(bring a partner or be paired up the day of event)
- 10:30am – Race 5: Quarter Mile Youth Prone Surfboard Paddle Race
(10-15 years)

Times are approximate; you must verify race times at check-in the morning of the event

Entry Donation

Each race requires a \$10 donation to enter. You may enter as many races as you are eligible for. (If you enter 3 races, you will send in a donation for \$30)

If you do not Pre-Register, a donation of \$15 per race is required to enter on the day of the event.

Mail Checks made out to WRWA to:
Nantasket Therapeutic Massage 175 George Washington Blvd. Hull, MA 02045
More info : Paul Wilson - 781-925-4004